



## LISCA JUNIOR SEASON 2014/2015 MEET DETAILS

<b>Date</b>	: Saturday, November 22nd, 2014
<b>Facilities</b>	: 50M long pool and 8 lanes wide. Electronic Timing System and touchpad
<b>Pool Venue</b>	: UPH Aquatic Center – UPH Campus Karawaci
<b>Language</b>	: Standard English announcement and use “Take your Mark” as starting command
<b>Time</b>	: Warm ups start at 7.00 AM. Race Start at 8.15AM
<b>Eligibility</b>	: Open to all invited schools with the <u>maximum age of 14 years old as of regulation</u>
<b>Entry Forms</b>	: Entry forms should be submitted no later than November 10 <sup>th</sup> 2014 via email, along with complete team information, proof of payment and relay entry form. <u>No late entries on the deck will be accepted.</u>
<b>Inquiries and Registration</b>	: <a href="mailto:meet@swimlisca.org">meet@swimlisca.org</a> or <a href="mailto:info@jagswim.com">info@jagswim.com</a>
<b>Age Grouping</b>	: 6& Under      7&8      9&10      11&12      13&14
<b>Entry Fee</b>	: <b>Rp 150,000</b> per swimmer from each invited team
<b>Meet Rules</b>	: Modified and designed by JAQ regulated based on FINA : Age 6& under will be <u>NO DQ – except for DNS and FALSE Start</u>
<b>Participants</b>	: Invited schools ONLY with total max the first 350 registered swimmers. Please sign up early to reserve your team spots.
<b>Concession</b>	: Food & beverages booths open for all
<b>Awards</b>	: Heat Winner ribbons, Winner Medals, Best Swimmer Trophies, Best Team Trophies and Piala Bergilir for the team of the year



## EVENTS LIST

Girls #	Age Group	Distance	Stroke	Boys #
1	6 & under	50m	Freestyle Kick w/ board	2
3	7 - 8	50m	Freestyle	4
5	9-10	50m	Freestyle	6
7	11 & over	100m	Freestyle	8
9	6 & under	50m	Freestyle	10
11	7 - 8	50 m	Backstroke	12
13	9- 10	50m	Backstroke	14
15	11 &over	100 m	Backstroke	16
17	6 & under	50m	Backstroke	18
19	7 - 8	50m	Breaststroke	20
21	9 - 10	50m	Breaststroke	22
23	11 & over	100 m	Breaststroke	24
25	6 & under	50m	Breaststroke	26
27	11 & over	50 m	Freestyle	28
29	8 & under	50 m	Butterfly	30
31	9 -10	50 m	Butterfly	32
33	11 & over	100 m	Butterfly	34
35	Open	200 m	Individual Medley	36
37	8 & under	200 m	Freestyle relay	38
39	9 - 10	200 m	Freestyle relay	40
41	11-12	200 m	Freestyle relay	42
43	13-14	200 m	Freestyle relay	44



## STUDENT ATHLETE

After three years of establishing a School League with its invited schools, we are now trying to leverage and further develop the league by inviting more schools from wider networks and in the regions.

Previously JSL (JAQ Swim League) has been transformed to LISCA Junior (League of Inter School & Collegiate Aquatic) starting in 2013. We are nurturing the spirit and culture of Student Athlete through this swim league.

## RULES & REGULATIONS

We are using FINA regulations with few standard modifications.

To maintain a healthy and fair competitiveness at school level swimmers, LISCA enforcing below pre-requisite requirements for swimmers to be eligible:

### Season 2014/2015 Regulations

LISCA (League of Inter School & Collegiate Aquatic) has grown and been expanding over the past 4 years. We thank you for the supports and participation throughout the years. From previous based on calendar year. This change is to align LISCA schedules and age grouping based on school academic year. To improve the quality and level of fairness of LISCA, we are also trying to make some adjustments on the rules and regulations. We want to ensure that this league will become the barometer of aquatic league for all.

To balance and keep the best quality and objectives of LISCA Junior, we have updated and adjusted the regulations,

1. IF any swimmer(s) or school(s) found doing any administrative Misconduct (false age registration, using non-student/swimmer of own school and any other misconduct behavior), they (swimmer and/or the school) will be automatically disqualified by default from the meet.

LISCA is supporting fair play and against any sporting misconduct at any time.

2. Usage of any types of drugs is prohibited at all time. Swimmer who found using enhancement substance by any formal and official sporting Body/institution for the past 12 months will be prohibited to enter/participate in LISCA meet for at least 2 seasons.

3. LISCA Committee has the rights to ask proof of **Student ID** from each Swimmer at anytime during the meet.

4. Swimmers that are listed on: PELATNAS, PELATDA and/or PPLP of Each respective province **is not eligible** to participate in LISCA Jr. –

Violation will result in automatic disqualification for all events. LISCA is a

Developmental stages meet for varsity and school swim team; we are keen

To maintain its level of competitiveness based on our student athlete spirits

Should any of these categories would like to participate in LISCA, they may submit their entries as UNATTACHED or SPARRING with a special cost of Rp 250,000 per swimmer. He/she Will not qualified for any medals/participation certificate and awards.

5. Any dispute and/or protest should be addressed formally to meet director with the fee of Rp 500,000 and within 30 minutes of the event.



6. Should there be any weather constraint, we will take safety measurement to stop the meet temporarily until it is clear to go. If it is going on for more than 60 minutes, we will stop the meet.

**2014/2015 SEASON (adjusted to School Academic Year in September for each season)**

Age Groups Date of Birth

6 & Under: After Sept. 1, 2007

7&8: After Sep 1, 2005 – Before/On Sept. 1, 2007

9-10: After Sep 1, 2003 – Before/On Sept. 1, 2005

11-12: After Sep 1, 2001 – Before/On Sept. 1, 2003

13-14: After Sep 1, 1999 – Before/On Sept. 1, 2001

**LISCA Jr Season 2014/2015**

Series 1 Nov 22 2014

Series 2 Finale Feb 2015

LISCA Regulatory Department

**POINT SYSTEM**

Placed	Individual	Relays
1 <sup>st</sup>	20	40
2 <sup>nd</sup>	16	32
3 <sup>rd</sup>	14	28
4 <sup>th</sup>	12	24
5 <sup>th</sup>	10	20
6 <sup>th</sup>	8	16
7 <sup>th</sup>	6	12
8 <sup>th</sup>	4	8
9 <sup>th</sup>	2	4
10 <sup>th</sup>	1	2

**AWARDS**

Best Swimmer Award on Each Series	Boys	Girls
6&Under	✓	✓
7&8	✓	✓
9&10	✓	✓
11&12	✓	✓
13&14	✓	✓
Best School Team	✓	✓
Best School Team	Combined	

## PAST CHAMPIONS

**2011  
Champion**



**2012  
Champion**



**2013  
Champion**





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# **LISCA JUNIOR 2014/2015 Season LONG COURSE INVITATIONAL MEET November 22<sup>nd</sup> 2014 REGISTRATION FORM.**

Please fill out a separate form for each swimmer. Using this form expedites the entering of the swimmer's information for the meet.

Team Name :

Name of Swimmer :

Date of birth : . Age:

Gender (circle) : BOYS / GIRLS

No.	EVENT NO.	INDIVIDUAL EVENT	SUBMITTED TIME
1			
2			
3			
4			
5			
	RELAY		

***PS: Please enter a personal best time of the swimmer for each event.***

Entry fee: Rp. 150.000.-

Enclosed ☐

Please tick the appropriate box.

Parents / Guardians Signature: \_\_\_\_\_